

## Youth Kit List for Spring Camp

- Stuff gets mixed up at camp. Label it. Sometimes people don't recognize their own pants!
- Use a waterproof duffle bag or backpack. Avoid using garbage bags to waterproof or carry items.
- **Youth:** Do your best to **pack and carry your own stuff**.
- Keep to 2 bags: one for clothing, etc., and one for your sleeping bag.
- If you need to bring medication, make sure it has your name on it, along with the name of the medication and **instructions**.

### Clothing/footwear:

- Rain boots
- Comfortable shoes for walking/hiking
- Necker and uniform shirt
- Warm waterproof/windproof jacket
- Rain pants
- Gloves and toque
- Sunglasses
- Broad-brimmed sun hat
- Fleece or sweater
- 2 long-sleeved shirts
- 2 t-shirts
- 2 pairs of long pants (not cotton)
- 1 pair of shorts
- 4 pairs of socks (wool/synthetic)
- 2 pairs of underwear

### Other:

- Sunscreen and lip balm
- Bug repellent (Deet works best), mesh hat if desired
- Flashlight (spare batteries if needed)
- Plastic bag for dirty or wet clothes
- Small knapsack or bag for day use
- Sit-upon (newspaper in milk bags, taped shut; piece of foam; many ideas out there...)
- Notebook and pencil
- Howlers only: pocket knife with locking blade no longer than 8.5 cm (per [updated Scouts Canada policy](#)); to be kept for safekeeping by your Scouters until the appropriate time

### Ditty bag (mesh/cloth bag):

- Plate, bowl, cup, mug
- Knife, fork spoon
- Water bottle

### Sleeping gear:

- Sleeping bag (good to slightly below 0°C) or 2 lighter bags), in waterproof bag
- Foam or Thermarest type pad
- Blanket
- Pyjamas (keep in sleeping bag)
- Extra socks
- Pillow (or pillowcase to stuff with clothing to make a pillow)

### Toiletries:

- Washcloth and/or hand towel
- Comb, soap
- Toothbrush and toothpaste
- Roll of toilet paper (provided at camp, but... be prepared)

### Optional items:

- Campfire blanket
- First aid/survival kit
- Camera or binoculars
- Small container of campfire ashes to add to campfire, and to hold new ashes
- Fire-starting kit/materials

**Leave candy, food and electronics at home.**